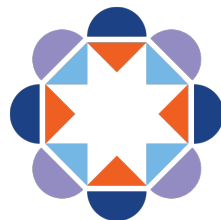


Pathways to Success: Home and Community-Based Services Overview

November 10, 2022



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What is Pathways to Success?

- A program for children with complex behavioral health challenges that provides access to home and community-based services.
- Built upon an intensive model of care coordination that addresses the broad range of each child and family's needs.
- Guided by System of Care principles that put children and families at the center of planning for services and supports.
- Designed to address many of the State's commitments under the N.B. Consent Decree.
- Begins serving children and families January 1, 2023.



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What Does Success Look Like for Children, Youth, and Families?



Improved family functioning and reduced caregiver stress.



More stable living situations for children and youth, including fewer out-of-home treatment episodes.



Increased family and youth involvement in services.



Increased use of evidence-based practices, including expanded access to services provided in home and community settings.



Improved school attendance and performance.



Reduced contacts with law enforcement and child welfare.



Pathways Eligibility

To be eligible for Pathways, children and youth must:

- ✓ Be Medicaid eligible;
- ✓ Be under the age of 21;
- ✓ Have a mental health diagnosis; and,
- ✓ Have an IM+CANS assessment that demonstrates a need for intensive behavioral health services based on the Illinois Behavioral Health Decision Support Model.



Behavioral Health Decision Support Model



- Standardized approach to stratifying children and youth into tiers (intensity) of care coordination and services based upon documented clinical needs.
- Based solely upon the ratings on key CANS items from the IM+CANS.
- HFS has worked with Dr. John Lyons and his team at the University of Kentucky to develop a decision support model specific to Illinois:
 - **Tier 1:** High Fidelity Wraparound (Pathways eligible)
 - **Tier 2:** Intensive Care Coordination (Pathways eligible)

Eligibility Determination Process

1

A child has an IM+CANS completed by a community behavioral health provider. The provider delivers or refers the child to recommended mental health services.

2

The provider uploads the completed IM+CANS into the HFS IM+CANS Provider Portal. Families may also submit a request for an eligibility determination along with a copy of the child's completed IM+CANS directly to HFS.

3

HFS applies the Behavioral Health Decision Support Model to all new IM+CANS in the Provider Portal and to all Pathways eligibility determination requests.

4

Children stratified into Tier 1 or Tier 2 are enrolled in Pathways and assigned to a Care Coordination and Support Organization (CCSO).

5

HFS issues notice of eligibility to the child and family, the assigned CCSO, and the child's MCO, as applicable.



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The Role of the CCSO

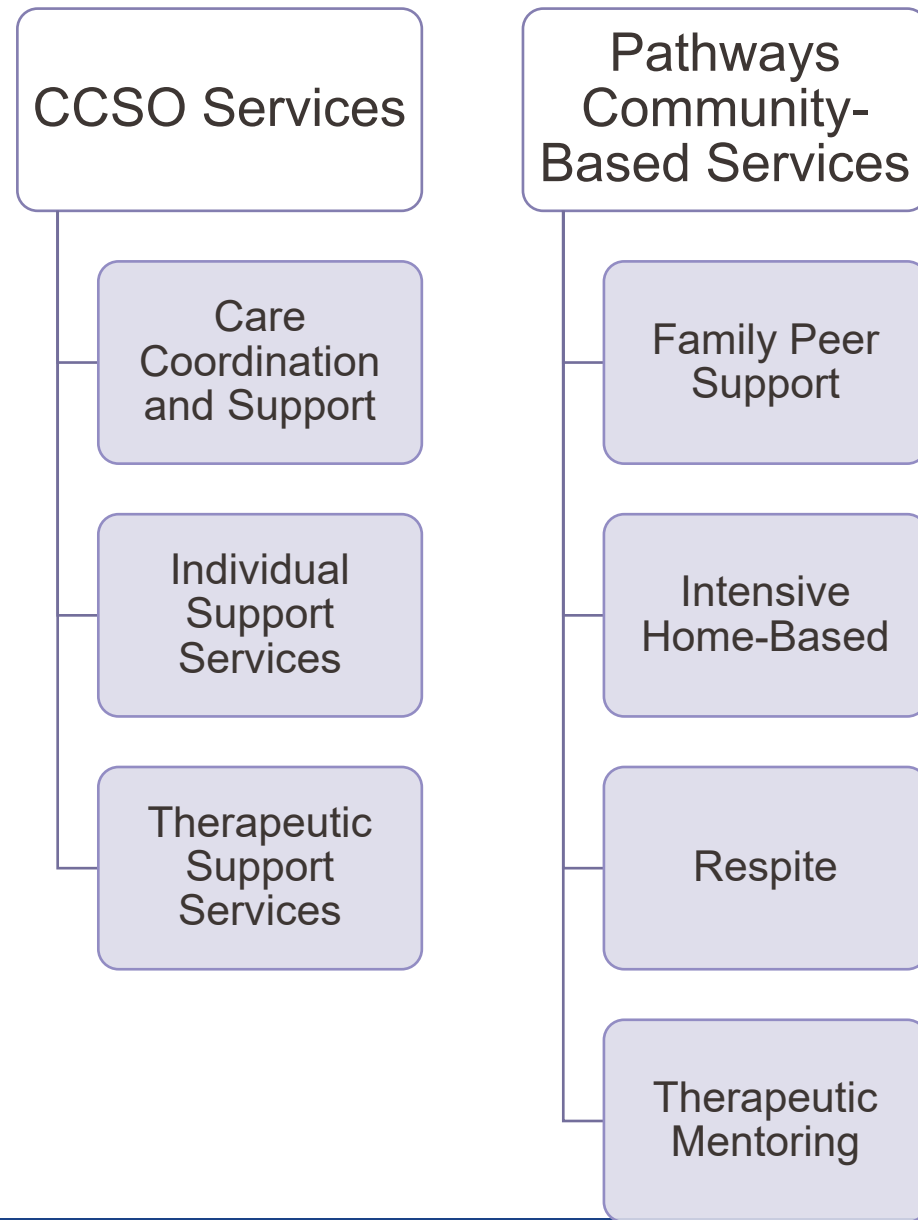
- Provide Care Coordination and Support (CCS) services to Pathways enrolled children and families based upon the phases and processes of Wraparound.
- Convene and facilitate a unique Child and Family Team (CFT) for each family that meets on a regular basis.
- Maintains responsibility for the review and update of the child's IM+CANS, with input from the CFT members.
- Develops, implements, and monitors an individualized plan of care in conjunction with the CFT.
- Coordinates and consults with MCOs, providers, other child-serving systems, and any other supports involved with the child's care.
- Serves as the fiscal agent for Therapeutic Support Services and Individual Support Services, helping connect families with non-traditional services and supports.



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Special Services Available to Pathways Youth



Pathways Community-Based Services



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General Service Requirements

- Services are to be delivered consistent with the values and principles of System of Care.
- Staff delivering Pathways services must be trained in System of Care and TCOM principles.
- Must be recommended by an LPHA, in consultation with the Child and Family Team (CFT), on the child's IM+CANS.
- Coordinate with CCSOs, including participating in Child and Family Team (CFT) meetings and collaborating in the review and update of the IM+CANS for Pathways youth.
- May not be duplicative of other services, regardless of payer or program source.



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Family Peer Support

- Family Peer Support services are designed to enhance a parent or caregiver's capacity to manage their child's behavioral health needs through the development of skills, knowledge, and parenting techniques necessary to improve coping abilities and to address the child's social-emotional health needs.
- Delivered by Family Peer Supporters who have individual lived experience or experience as a caregiver or a child with special needs, preferably behavioral health needs.
- Family Peer Supporters must attend required trainings offered by PATH.
- More information will be shared in the upcoming Family Peer Support webinar.

Intensive Home-Based (IHB)

- Intensive Home-Based (IHB) services are short-term, team-based interventions designed to enhance and improve the family's capacity to maintain the child within the home and community and to prevent admissions to out-of-home treatment settings.
- Delivered consistent with evidence-informed approaches of Managing and Adapting Practice (MAP) and solution-focused therapy.
- Consists of two components: Intensive Home-Based Clinical (IHBC) and Intensive Home-Based Support (IHBS).



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IHB Clinical

- Utilizes information from a functional behavioral assessment combined with MAP tools to develop a clinical intervention plan that drives IHB services.
- Delivers therapeutic interventions focused on symptom reduction and improving family functioning.
- Provides clinical direction of the interventions of the IHB Support staff.

IHB Support

- Provides adjunct services that supports the family and child in implementing the therapeutic interventions, skills development, and behavioral techniques identified on the clinical intervention plan.
- May only be provided in conjunction with IHBC services.
- Consistent with MAP tools and performed under the direction of the IHBC.



Respite

- Respite is a time-limited, face-to-face service that provides scheduled relief to help prevent stressful situations, including avoiding a crisis or escalation within the home.
- Primarily delivered on an individual basis but may be provided to groups of up to 3.
- Requires prior authorization and is limited to 7 hours per event, 21 hours per month, or 200 hours per state fiscal year without additional authorization.
- Respite services must be provided by staff who minimally:
 - Meet the qualifications of a Rehabilitative Services Associate (RSA);
 - Are CPR certified; and
 - Have access to a Qualified Mental Health Professional (QMHP) for consultation.

Therapeutic Mentoring

- Therapeutic Mentoring is a strengths-building service provided on an individual basis to children who require support in recognizing, displaying, and using pro-social behavior in home and community settings.
- Allows trained mentors to spend quality time in the community with the child, modeling positive ways of interacting with other children and adults in a variety of social situations.
- Children work with their Therapeutic Mentors to gain and practice valuable skills that will help them develop positive relationships and build their confidence.
- Services may be provided face-to-face, by phone, or by video.
- Therapeutic Mentors must minimally meet the qualifications of an RSA, have access to a QMHP for consultation, and attend training for Therapeutic Mentoring through PATH.



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How is this different from Community Support?

Community Support

- A rehabilitative service focused on restoring, regaining, and strengthening a customer's level of functioning.
- Services address goals on the IM+CANS in the areas of family life, independent living, learning, working, socializing, and recreation.
- Activities include skills development, illness self-management, identification and use of natural supports, and use of community resources.

Therapeutic Mentoring

- A habilitative service that enhances a customer's skills and builds strengths through experiences in their natural environment.
- Services focus on developing positive social behaviors and improving a customer's connection to their community.
- Activities include educating, modeling, motivating, and coaching the customer on how to use and practice overcoming barriers related to the targeted skills.



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Examples: Community Support

- “David and I are going to review how he is doing at his new part-time job and if the coping skills he has been learning to manage his angry outbursts are working for him.”
- “Anna is worried about the side effects from her daughter’s psychiatric medications. We’re outlining questions for her to discuss with the doctor next week at their check-up.”
- “Miguel is feeling nervous about going to a new foster home next month. We’re going to work on building a plan for how to respond when he gets overwhelmed and talk about who he can call if he needs support.”



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Example: Therapeutic Mentoring

- “Eddie and I have been talking about what it means to be a good sport and how to respond in more positive ways when someone on his baseball team makes a mistake. We’re going to the park to play baseball together tomorrow so I can model and provide feedback to Eddie putting those skills we talked about into action.”
- “Maggie and I are going to make a list of questions and topics she can talk to her peers about to help improve her confidence in her ability to make new friends.”



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Rates

Service	Minimum Staff Qualifications	Unit	On-Site Rate	Off-Site Rate
IATP: Child & Family Team <= 90 mins.	RSA	Event	\$75.00	\$75.00
IATP: Child & Family Team > 90 mins.	RSA	Event	\$150.00	\$150.00
Family Peer Support	RSA	¼ hr.	\$26.32	\$29.26
Intensive Home-Based – Support	MHP	¼ hr.	\$27.32	\$30.26
Intensive Home-Based – Clinical	QMHP	¼ hr.	\$34.84	\$38.00
Intensive Home-Based – Clinical	LPHA	¼ hr.	\$41.34	\$45.06
Respite	RSA	1 hr.	N/A	\$40.50
Respite - Group	RSA	1 hr.	N/A	\$13.50
Therapeutic Mentoring	RSA	¼ hr.	\$26.32	\$29.26





IMPACT Provider Enrollment

- Providers must be enrolled in IMPACT to deliver Pathways services.
- Enrollment for all Pathways HCBS is open now – providers can submit an application or modification in IMPACT at any time.
- The site enrolling must be certified as a CMHC or BHC.
- Guides for submitting an Application or Modification within IMPACT can be found on the HFS website:
<https://www2.illinois.gov/hfs/impact/Pages/PresentationsAndMaterials.aspx>



IMPACT Enrollment Guide

Provider Type	Specialty	Subspecialty	Billable Pathways Services	Unique Program Approval?
Community Mental Health Center	Outpatient	None	• IATP: Child & Family Team	No
	Residential Services	None	• IATP: Child & Family Team	No
	Home & Community Based Services	Children's Services	• Family Peer Support • Respite • Therapeutic Mentoring	No
		Intensive Home-Based Services	• Intensive Home-Based	Yes
Behavioral Health Clinic	BHC Outpatient	None	• IATP: Child & Family Team	No
	BHC Home & Community Based Services	Children's Services	• Family Peer Support • Respite • Therapeutic Mentoring	No
		Intensive Home-Based Services	• Intensive Home-Based	Yes





Training Overview

(see handout)



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Upcoming Webinars

Intensive Home-Based Services Overview

Wednesday, November 16th

10:00am – 11:30am

Registration Link:

<https://illinois2.webex.com/illinois2/j.php?RGID=rc05b181678b4613c1b6e440857756d63>

Family Peer Support Overview

Thursday, November 17th

10:00am – 11:30am

Registration Link:

<https://illinois2.webex.com/illinois2/j.php?RGID=r2c156c5e1982b9cf8381801f800acb13>



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Helpful Resources



- [Pathways Homepage](#)
- [UIUC Provider Assistance & Training Hub \(PATH\)](#)
- [HFS Provider Notices](#)
- [IMPACT Provider Enrollment](#)
- [Community Based Behavioral Services \(CBS\) Handbook](#)
- [Rule 141](#)
- [PracticeWise/MAP](#)

Thank you!

Email questions to: HFS.Pathways@illinois.gov



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