

Pathways to Success: Family Peer Support Overview

November 17, 2022



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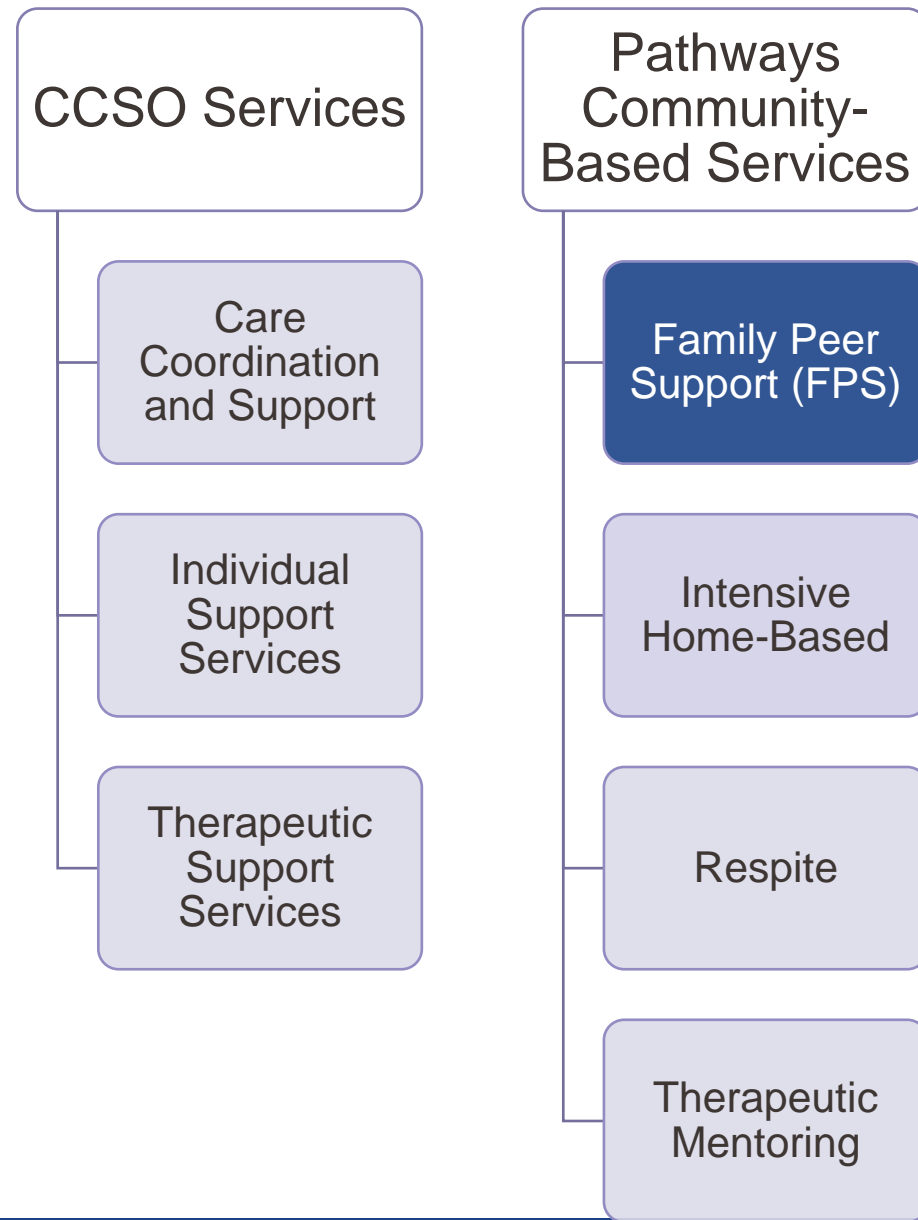
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What is Pathways to Success?

- A program for children with complex behavioral health challenges that provides access to home and community-based services.
- Built upon an intensive model of care coordination that addresses the broad range of each child and family's needs.
- Guided by System of Care principles that put children and families at the center of planning for services and supports.
- Designed to address many of the State's commitments under the N.B. Consent Decree.
- Begins serving children and families January 1, 2023.



Special Services Available to Pathways Youth



FPS & Systems of Care



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GUIDING PRINCIPLES





FAMILY DRIVEN DEFINITION

“Family driven means families have a primary decision-making role in the care of their own children as well as the policies and procedures governing care for all children in their community, state, tribe, territory and nation...”



What is Family Peer Support?

- A structured, strengths-based, individualized service provided to a parent, legal guardian or primary caregiver of a Pathways enrolled youth.
- Designed to enhance the caregiver's capacity to:
 - Understand the youth's behavioral health needs;
 - Support the youth in the home and community; and,
 - Advocate for services and supports for the youth and family.
- Delivered by Family Peer Supporters who have individual lived experience or experience as a caregiver or a child with special needs, preferably behavioral health needs.

Why Family Peer Support?

- Family peer supporters are trained on how to engage with families who may be reluctant to take advantage of beneficial services.
- Disrupts the status quo by validating expertise based on lived experience rather than educational credentials.
- Works to break down some of the decades long barriers between communities and social service systems. These barriers were built on distrust due to historic marginalization.
- Offers personal support to parents/caregivers through crises.



Importance of Family Peer Support

Parent's
Perspective

Prioritizes
Respect for
Parents



Family Peer Supporters:

Embrace	the importance of shared experience
Make	personal connections to their peer's story
Share	their story for the purpose of healing
Support	peers in the community (schools, courts, medical centers, etc.)



Service Expectations & Considerations



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Roles and Responsibilities

Assist the family with:

- Engaging in support services
- Self-advocacy and self-efficacy
- Systems navigation
- Information about the child's behavioral health needs and strengths
- Building natural supports



Family Peer Supporters promote effective **family driven** practice!



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FPS Activities

Include but are not limited to:

- Assisting the family to engage in services and supports;
- Assisting the family in self advocacy;
- Assisting in systems navigation;
- Providing information about the child's needs and strengths;
- Identification and building of natural supports; and
- Promoting effective family-driven practice.

FPS services are delivered by video, phone or face-to-face contact.

Family Peer Supporter Qualifications



Minimally a Rehabilitative Services Associate (RSA).



Lived experience or experience as a caregiver of a child with special needs.



Experience navigating child-serving systems and supporting, educating and advocating for families involved with child-serving systems.



Access to supervision provided by a QMHP who actively participates in ongoing training and coaching specific to FPS.



Complete PATH's Family Peer Support training process and actively participate in ongoing training and coaching.



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FPS Training Requirements

- Family Peer Supporters must complete the following training through PATH:
 - Take the self-paced Systems of Care in Illinois course*;
 - Attend the 2-day Your Bridge to Family Peer Support core training*;
 - Attend the 2-day Care Coordination core training within 6 months; and,
 - Participate in required advanced courses and ongoing quarterly boosters.
- FPS Supervisors must complete the System of Care in Illinois course and attend a 1-day course specific to supervision and coaching of FPS.
 - FPS Supervisors are highly recommended to attend all the Family Peer Supporter required trainings to better support their staff.

**Family Peer Supporters must complete before delivering FPS services.*

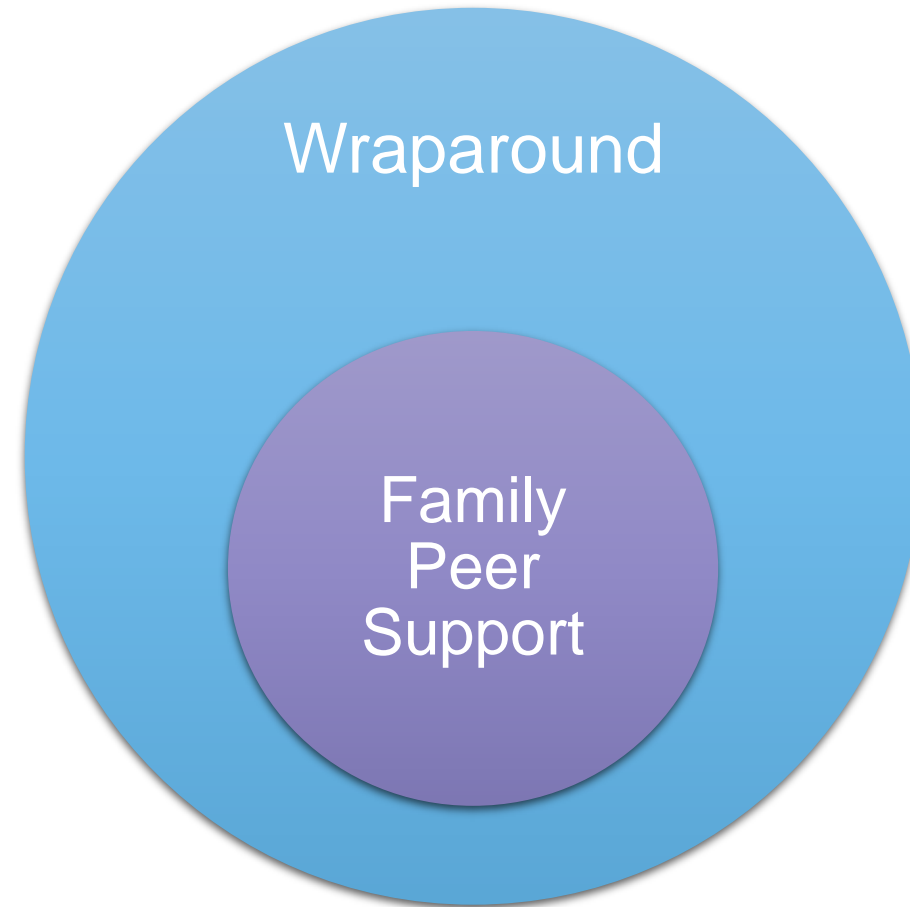
FPS and the Child and Family Team



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What is the Relationship Between Family Peer Support & Wraparound?



FPS Role Considerations

- FPS providers are dependent upon referrals from CCSO staff for Pathways eligible youth. Strong relationships with CCSOs are essential for consistent and effective use of FPS.
- CCSO Care Coordinators should discuss the benefits of FPS services with Pathways families early and often.
 - FPS is the only planned service that should be offered and referred before the Child and Family Team has its first meeting.
- Depending upon credential of FPS staff, other services may be provided in addition to the FPS service; however, FPS should not provide other Pathways or Medicaid services for the same family that they are providing FPS for.



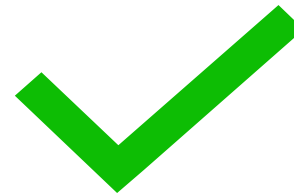
Wraparound and the Child and Family Team



Engagement



Planning



Implementation



Transition



The Bridge Framework



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Bridge Framework

Honor Families

Support Autonomy

Build Rapport

Unconditional Acceptance

Engage Partnerships

Abandon Judgement



Family Peer Supporter Practicing the Bridge framework



Knowledge

Awareness

Implementation



Provider Enrollment and Billing



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IMPACT Provider Enrollment

- Providers must be enrolled in IMPACT to deliver Family Peer Support services.
- The site enrolling must be certified as a CMHC or BHC.
- Enrollment for all Pathways services is open now – providers can submit an application or modification in IMPACT at any time.
- Guides for submitting an Application or Modification within IMPACT can be found on the HFS website:
<https://www2.illinois.gov/hfs/impact/Pages/PresentationsAndMaterials.aspx>



IMPACT Enrollment Guide

Provider Type	Specialty	Subspecialty	Billable Pathways Services
Community Mental Health Center	Outpatient	None	• IATP: Child & Family Team
	Residential Services	None	• IATP: Child & Family Team
	Home & Community Based Services	Children's Services	• Family Peer Support • Respite • Therapeutic Mentoring
Behavioral Health Clinic	BHC Outpatient	None	• IATP: Child & Family Team
	BHC Home & Community Based Services	Children's Services	• Family Peer Support • Respite • Therapeutic Mentoring



Reimbursement

Service	Minimum Staff Qualifications	Unit	On-Site Rate	Off-Site Rate
IATP: Child & Family Team <= 90 mins.	RSA	Event	\$75.00	\$75.00
IATP: Child & Family Team > 90 mins.	RSA	Event	\$150.00	\$150.00
Family Peer Support	RSA	¼ hr.	\$26.32	\$29.26



Helpful Resources



- [Pathways Homepage](#)
- [UIUC Provider Assistance & Training Hub \(PATH\)](#)
- [FREDLA](#)
- [National Federation of Families](#)
- [HFS Provider Notices](#)
- [IMPACT Provider Enrollment](#)
- [Community Based Behavioral Services \(CBS\) Handbook](#)
- [Rule 141](#)
- [Recorded versions of Pathways webinars](#)



Thank you!

Policy/Program Questions: HFS.Pathways@illinois.gov
FPS Model/Training Questions: PATH-BH@illinois.edu



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