

Bureau of Managed Care
Managed Care Organizations
Policy / Procedures

General Contract Monitoring

Home Delivered Meals

Under the three (3) Division of Rehabilitation Services waivers, Home Delivered Meals (HDM) is a covered service. Under the Aging waiver, HDM is not a covered service, but health plans have a responsibility to refer any member age sixty (60) and older for HDM. Members are not required to be approved under the Aging Waiver to qualify for HDM under Title III.

MCOs should follow the instructions below to refer for HDM:

1. Verify that all MCO LTSS care coordinators have watched the HDM program webinar, which includes instructions on the requirements for MCO care coordinators when making a referral to an HDM provider. Also covered in this webinar is the statewide referral form that all AAAs want used for this program.

<https://attendee.gotowebinar.com/register/2526803457923440387>

a. IDoA HDM Policy



IDoA HDM Policy
7.2021.pdf

2. Contact the Area Agency on Aging (AAA) to determine the appropriate referral procedures for Title III services in each Planning and Service Area (PSA), and make the referral directly.

a. HDM Referral Form



1272 Universal
Nutrition Referral Ass

3. The MCO must provide the Title III provider with the information needed (ADLs, IADLs, nutritional risk, demographics, etc.) to register the participant in the National Aging Program Information System (NAPIS) and any other necessary information that the Title III provider needs to effectively provide the referral for non-waiver services.

4. In accordance with federal law, members will be asked for voluntary contributions for Title III services.
5. After learning the appropriate referral procedures, the MCO should contact the appropriate AAA or Title III service provider for needed Title III services to determine whether Title III and related resources are available to address the non-waiver service needs of the participant.
6. If the MCO does not know the appropriate Title III service provider they should contact the AAA that covers the appropriate area for contact information.
7. MCOs should not refer participants to the CCUs to set up non-waiver services.
8. If these Title III services are not available, the MCO should find other services to meet the participant's needs.

Policy History
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Date	Action	Policy Originator
April 2018	Contract Clarification	Lauren Tomko
December 2021	Attach updated Referral Form	Laura Ray
December 2021	Attach updated IDoA HDM Policy	Laura Ray

Policy Revisions	Revision Approved
May 2019	Lauren Tomko
December 2021	Laura Ray