### To: IL MAC Committee From: Ann Lundy, Chair, IL MAC Quality Committee

### Quality Care Subcommittee Meeting February 26, 2020

- I. 2018 HealthChoice IL Quality Report Cards: MCO Panel (State-Wide and Cook County): Margaret DeHesse with the Health Services Advisory Group and her team gave this presentation. It was explained how HSAG came up with the figures represented on the spreadsheet. Everyone was reminded that the 2018 report does include data for Next Level. Next Level was just not displayed. The data for calendar year 2019 will be available near the end of July 2020. At that point, it will be reviewed and will be released sometime in October 2020.
- **II. The Managed Care Organizations (MCOs):** MCO's discussed what their performance numbers are and how they can improve in the future. Presentations shared from:
  - o CountyCare
  - o Aetna Better Health
- III. Ann Lundy stressed to the MCOs promoting trauma informed care. There was a discussion regarding the opportunity to look at other states and see how they handle these issues. It was suggested that we have individuals from other states come and share with us their situations and how we can learn from them. HFS will be in discussion with the MCOs to get their ideas working on outcome measures that we can use in the future.
- IV. Next meeting: August 26, 2020
- V. Appendix: Handouts
  - 1. HealthChoice Illinois: 2018 HealthChoice Illinois Plan Report Card
  - 2. CountyCare Quality Care and Performance Improvement Initiatives
  - 3. Aetna Better Health of IL: YoY Overview and Access to Care

### HealthChoice Illinois: 2018 HealthChoice Illinois Plan Report Card

### Comparing HealthChoice Illinois Plans

This report card is for individuals in the HealthChoice Illinois Managed Care Program in **Cook County**. The report shows how the managed care plans compare to one another in key performance areas. The ratings for each plan are to help pick a plan that is best for you. The change for each performance area shows if the plan's rating got better, worse, or stayed the same from last year's report card.

Plan^	Doctors' Communication and Patient Engagement	Change	Access to Care	Change	Women's Health	Change	Living With Illness	Change	Behavioral Health	Change	Keeping Kids Healthy	Change
Blue Cross Community Health Plans	****	-	***	1	****	-	***	1	*****	-	*****	-
CountyCare Health Plan	***	-	***	-	****	-	***	-	***	-	*****	-
IlliniCare Health	***	1	***	1	**	-	*****	-	*****	-	**	-
MeridianHealth*	***	-	****	-	***	-	***	-	****	-	***	₽
Molina Healthcare	**	1	***	-	***	-	****	-	***	-	*****	-

<sup>^</sup>Plan ratings include data for NextLevel Health Partners but results for NextLevel are not shown. <sup>\*</sup>Data for MeridianHealth also include data for members enrolled in Harmony in 2018.

### What is Rated in Each Performance Area?

#### **Doctors' Communication and Patient Engagement**

- · Doctors explain things well to members
- · Doctors involve members in decisions about their care

#### Access to Care

· Members get the care they need, when they need it

#### Women's Health

- · Women get screenings and tests for female cancers and diseases
- Women receive care before and after their babies are born

#### **Living With Illness**

 Members living with conditions, like diabetes and asthma, get the care they need by getting tests, checkups, and the right medicines

#### **Behavioral Health**

Members with behavioral health conditions get the follow-up care they need

#### **Keeping Kids Healthy**

Children get regular checkups and important shots that help them stay healthy

Performar	Performance Change		
Highest Performance	Average Performance	Rating Got Better	1
High Performance	Low Performance ★★	Rating Stayed the Same	
	Lowest Performance	Rating Got Worse	₽

#### Choosing a HealthChoice Illinois Plan

Choosing the plan that best meets your health care needs is important. Here are some questions to ask before you pick a plan:

- Have you read all of the materials that were included in this enrollment packet?
- Which plans have the extra services you want? (See Your Health Plan Choices that came with this packet.)
- How did the plans rate in each area on the front of this report card? Do the doctors in the plan I like communicate with their members?
  - Do the members in the plan I like get care when they need it?
  - Do women get the care they need?
  - Do members with behavioral health conditions get the care they need?
  - Do kids get the care they need to stay healthy?
- Which plans have the doctors, clinics, hospitals, specialists, long term care waiver service providers, and other providers you use? Call your providers to find out which HealthChoice Illinois plans they accept.
- Do you need providers that speak a certain language?
- How far do you want to travel to see your providers?
- Which plans have co-pays?
- Did the plan receive any sanctions from the state?
  - For more information, visit the website <u>here</u>.



### Need More Information on Your HealthChoice Illinois Plan Options?

Visit the Illinois Department of Healthcare and Family Services online at: <u>www.illinois.gov/hfs</u>. You can contact Illinois Client Enrollment Services by phone at 1-877-912-8880 (TTY 1-866-565-8576) or visit the website at: <u>enrollhfs.illinois.gov</u>. You can also contact the plans directly. All plan contact information is found on the Your Health Plan Choices that came with this Report Card.

#### About This Report Card

The information in this report card included measures collected for calendar year 2018 as required by the health plan contract. The information was reviewed for accuracy by independent organizations. The 2019 (calendar year 2018 results) National Committee for Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) and Consumer Assessment of Healthcare Providers and Systems (CAHPS®) data were used in this report card to rate the plans. HEDIS® is a registered trademark of NCQA and CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ).

Published 2/2020

You can get this information in other languages or formats, such as large print or audio.

#### HealthChoice Illinois Plans' National Ratings

The star ratings below show how the managed care plans in **Cook County** compare to national Medicaid ratings for each measure within key performance areas.

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Hiah	Performance	****

Average Performance

Highest Performance ★★★★★

Low Performance

Lowest Performance

Plan	Blue Cross Community Health Plans	CountyCare Health Plan	IlliniCare Health	MeridianHealth*	Molina Healthcare
Doctors' Communication and Patient Engagem	ent				
Adult—How Well Doctors Communicate	****	****	***	***	**
Child—How Well Doctors Communicate	***	**	**	***	**
Adult—Shared Decision Making	***	**	**	*	****
Adult—Rating of Personal Doctor	**	**	****	***	***
Child—Rating of Personal Doctor	***	***	*	***	***
Talking to Tobacco Users About How to Quit	***	****	***	*	*
Talking About Medicines to Stop Tobacco Use	****	****	****	***	*
Talking About Plans to Stop Tobacco Use	***	****	****	**	**
Access to Care	•				
Adult—Getting Needed Care	***	**	**	***	*
Child—Getting Needed Care	*	**	*	*	**
Adult—Getting Care Quickly	**	**	***	***	**
Child—Getting Care Quickly	*	*	***	**	**
Outpatient or Preventive Care Visits	****	**	*	**	*
Adult Body Mass Index (BMI)	*	**	**	*	***
Annual Dental Visits	****	**	***	***	**

\*Data for MeridianHealth also include data for members enrolled in Harmony in 2018.

Plan	Blue Cross Community Health Plans	CountyCare Health Plan	IlliniCare Health	MeridianHealth*	Molina Healthcare
Women's Health					
Breast Cancer Screening	**	****	**	**	*
Cervical Cancer Screening	*	***	*	***	**
Chlamydia Screening in Women	***	****	***	**	***
Moms Got Care Before Babies Were Born	****	***	**	****	**
Moms Got Care After Babies Were Born	***	**	**	***	**
Living With Illness					
Diabetics Had HbA1c Testing	***	***	***	***	**
Diabetics Had an Eye Exam	**	**	***	***	**
Diabetics Were Tested for Kidney Disease or Damage	****	**	***	**	*
Adults Have Controlled High Blood Pressure	Nat	ional rules on hov	w to collect and rep	port this data chan	ged.
Checkups for Adults on Medications	NR	**	****	*	***
Diabetics Received Statin Drugs	****	*****	****	****	***
Diabetics Received Statin Drugs and Stayed on Them	**	***	****	**	***
People With Asthma Used the Right Medicine	**	*	**	**	**
Behavioral Health					
Follow-Up Care Within 7 Days After a Hospital Visit Due to Mental Illness	*	*	*	**	**
Follow-Up Care Within 30 Days After a Hospital Visit Due to Mental Illness	*	*	*	**	**
Start of Addiction Treatment	***	***	****	***	**
Start and Continue Addiction Treatment	***	**	***	***	**
Checkups for Kids/Teenagers on Mental Health Medications (Antipsychotics)	***	***	***	***	***

\*Data for MeridianHealth also include data for members enrolled in Harmony in 2018.

NR = plan chose not to report data

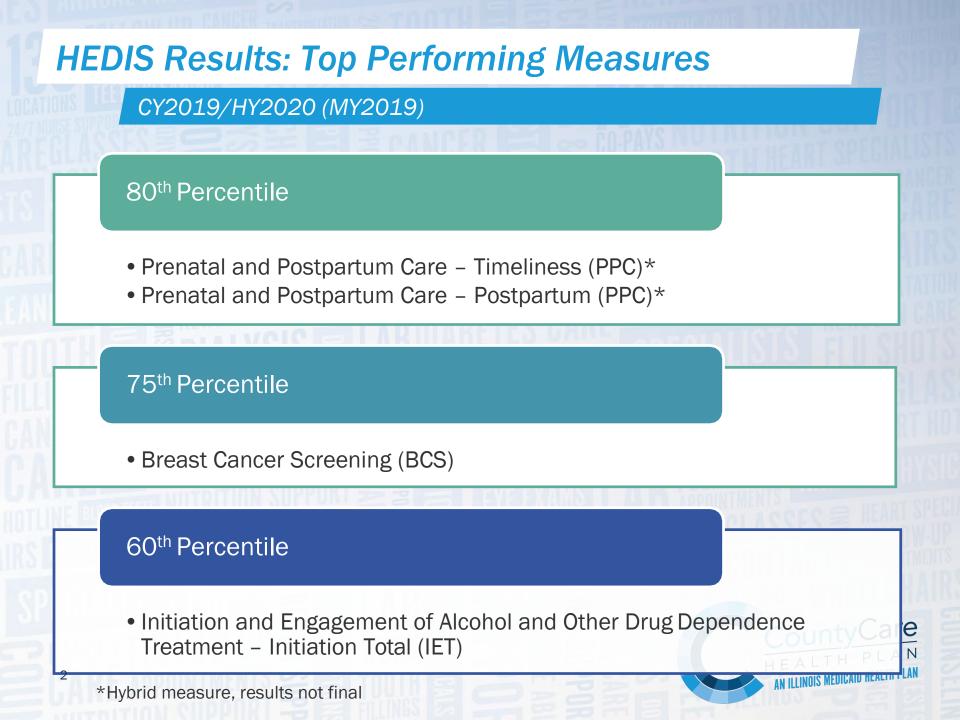
Plan	Blue Cross Community Health Plans	CountyCare Health Plan	IlliniCare Health	MeridianHealth*	Molina Healthcare
Keeping Kids Healthy					
Doctor Visits for Kids Younger Than 15 Months	**	**	**	**	***
Doctor Visits for Kids Ages 3 to 6 Years	***	****	**	***	**
Kids Received Immunizations, Combo 2	***	***	*	*	****
Kids Received Immunizations, Combo 3	***	***	*	*	**
Human Papillomavirus (HPV) Immunization for Teenagers	***	****	**	***	****
BMI Percentile for Kids/Teenagers	**	****	***	**	***
Counseling for Nutrition for Kids/Teenagers	**	****	**	**	***
Counseling for Physical Activity for Kids/Teenagers	**	****	***	**	**

\*Data for MeridianHealth also include data for members enrolled in Harmony in 2018.

CountyCare Quality Scores and Performance Improvement Initiatives

MAC Quality Subcommittee 02/26/2020





# **HEDIS Results: Opportunities for Improvement**

### CY2019/HY2020 (MY2019)

### 50<sup>th</sup> Percentile

- Adult Access to Preventative/Ambulatory Services (AAP)
- Antidepressant Medication Management Acute (AMM)

### 25<sup>th</sup> Percentile

- Antidepressant Medication Management Continuation (AMM)
- Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)
- Comprehensive Diabetes Care HbA1c Screen (CDC)\*
- Comprehensive Diabetes Care Med Attn for Nephr (CDC)\*
- Initiation and Engagement of Alcohol and Other Drug Dependence Treatment – Engagement Total (IET)
- Medication Management for People With Asthma 75% Compliant (MMA)

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- Well-Child Visit within the First 15 Months of Life 6 visits (W15)\*
- Well-Child Visit in the 3, 4, 5, 6 Year of Life (W34)\*

### Members

### Launched Brighter Beginnings

- Program for expectant families and babies offering resources and rewards
- > Quality Measures impacted: CIS, PPC, W15
- Expanded the CountyCare Rewards Program
  - Reward for PCP annual visit for all members 16 months and older
  - Quality Measures impacted: AAP, AWC, CAP, W34
- Offering in-home diabetic retinal eye exams
  - > Quality Measure impacted: CDC
- Member Self-Management Program
  - A mobile-phone enabled self-management software for members to learn and practice appropriate self-care for asthma, diabetes, hypertension, and obesity
  - > Quality Measures impacted: ABA, CBP, CDC, MMA

HEALTH PLAN AN ILLINOIS MEDICAID HEALTH PLAN

### Members

- New Health and Wellness page on the CountyCare website
  - Offers lifestyle and condition assessments, fitness and health calculators, health topic brochures
  - > Quality Measures impacted: ABA, AMM, CBP, CDC, MMA



### Providers

- Implemented retinal cameras in clinics
  - Quality Measure impacted: CDC
- School-based health centers pilot program
  - Establish model for MCO and school-based health center collaboration for shared CountyCare/Chicago Public Schools members to coordinate care and identify and close care gaps
  - Quality Measures impacted: APM, AWC. IMA, W34
- Pay for Performance program
  - > Quality Measures impacted: AAP, APM, BCS, MMA, PPC
- Quarterly performance meetings
  - Share data with provider groups on membership, costs, utilization, chronic conditions, and HEDIS measures
  - Provide gaps in care member lists for outreach
- 6 > Impacts all quality measures



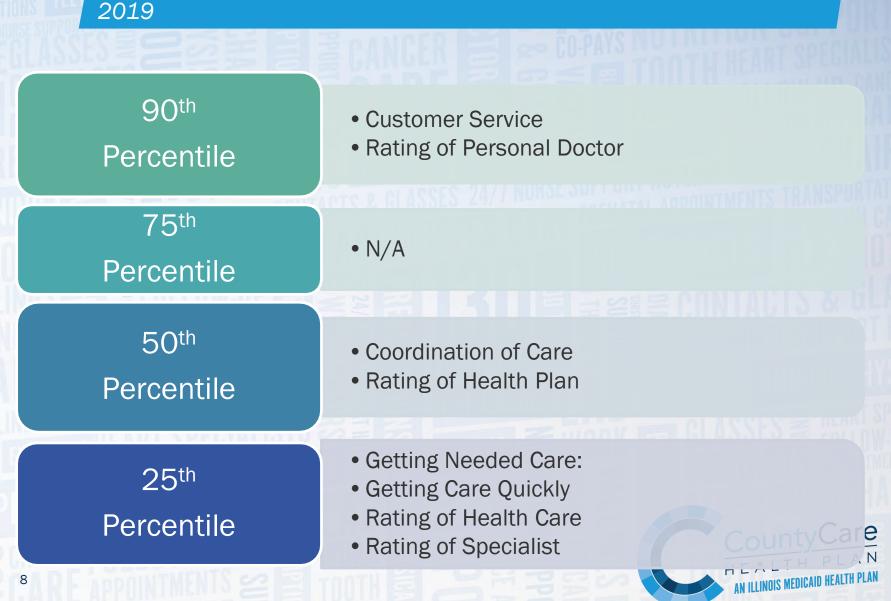
Data

- Improved HEDIS measure data capture and completeness
  - Using adjudicated, but not yet paid claims
  - Educated providers on including rendering provider on claims
- Incorporated additional supplemental data sources
  - I-CARE
  - Electronic medical record files from medical homes
  - Medical record reviews
- Updated reporting structure for providers
  - Actionable member lists
  - Trending HEDIS performance



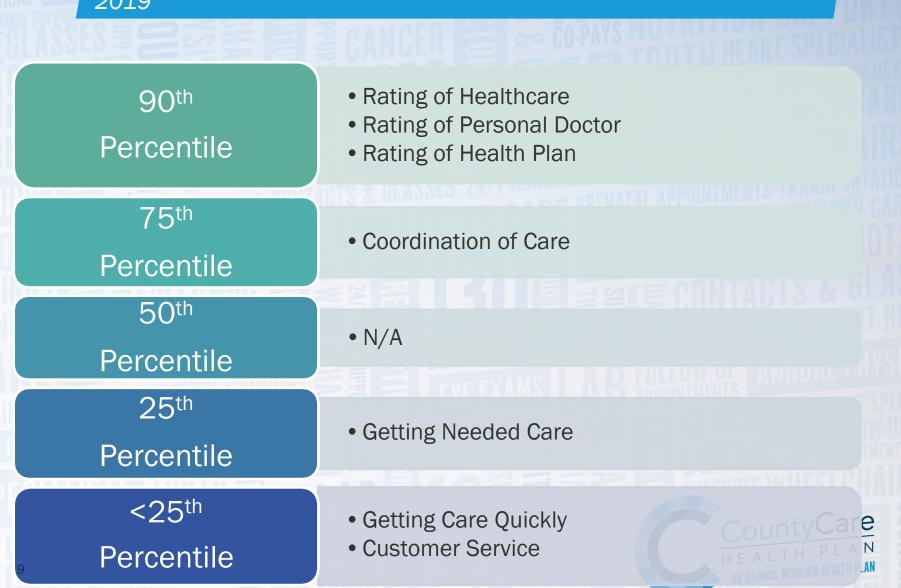
# **Results: Adult CAHPS**

2019



### **Results: Child CAHPS**

2019



### CAHPS

- Segmented results by provider group and shared with providers
- Expanded use of platform to improve ease of referrals to specialists
- Selection of additional supplemental questions for 2020 CAHPS survey
- Presentation and discussion of results with input from members at Quality Management Committee
- Education of CountyCare staff
- Initiation of CAHPS workgroup



# **Thank You!**





# Aetna Better Health of Illinois

MAC Quality subcommittee meeting



### YoY overview and Access to Care

• 67% of reportable measures demonstrated a YoY Improvement

YoY Comparisons: HEDIS 2018 Final v. HEDIS 2019 Final	al
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Count Measures w/ Improvement	% Measures w/ Improvement			
29	67.44%			

• Access and availability of care (driver measure) demonstrates YoY improvement

Aetna Better Health of Illinois Premier Plan Year Over Tear Trending								
Measure	HEDIS 2016 Final	HEDIS 2017 Final	HEDIS 2018 Final	HEDIS 2019 Final	Trend	Performance Improvement?		
ААР	81.14%	83.91%	85.94%	86.24%		Yes		

- Interventions:
  - Facilitation of appointment scheduling with CM activities
  - Utilization of vendor to locate unable to be reached members (Feet on the ground)
  - Member incentive program

Proprietary

### **Preventive Screenings YoY**

Aetna Better Health of Illinois Premier Plan Year Over Tear Trending								
Measure	HEDIS 2016 Final	HEDIS 2017 Final	HEDIS 2018 Final	HEDIS 2019 Final	Trend	Performance Improvement?		
ABA	—	68.98%	89.29%	94.65%		Yes		
BCS	—	51.13%	50.23%	54.34%		Yes		
COL	—	29.00%	34.79%	42.09%		Yes		
COA - Advanced Care Planning	5.32%	11.63%	41.85%	48.42%		Yes		
COA - Medication Review	28.94%	27.67%	64.96%	74.45%		Yes		
COA - Functional Status Assessment	13.89%	52.79%	64.96%	63.50%		No		
COA - Pain Assessment	25.93%	55.35%	69.59%	74.94%		Yes		

- Interventions:
  - Partnership with Community Hospital twice a year
  - Provider education regarding requirements
  - Member education through plan's website, CM activity, member newsletters
  - Member incentives
  - Population health management strategy focusing on healthy adults

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# Management of Chronic Conditions YOY

Aetna Bette	Aetna Better Health of Illinois Premier Plan Year Over Tear Trending								
Measure	HEDIS 2016 Final	HEDIS 2017 Final	HEDIS 2018 Final	HEDIS 2019 Final	Trend	Performance Improvement?			
SPR	NA	NA	15.73%	22.41%		Yes			
PCE - Systemic Corticosteroid	55.12%	63.64%	77.51%	74.85%		No			
PCE - Bronchodilator	73.23%	84.24%	86.39%	88.02%		Yes			
СВР	43.30%	53.98%	61.07%	57.42%		No			
SPC - Statin Therapy	—	77.05%	83.17%	80.71%		No			
SPC - Statin Adherence	—	87.23%	70.24%	71.68%		Yes			
CDC - A1c Test	84.72%	87.04%	92.46%	89.54%		No			
CDC - A1c Poor Control (>9)	56.02%	55.32%	38.69%	38.44%		Yes			
CDC - A1c Good Control (<8)	36.34%	37.73%	50.12%	52.55%		Yes			
CDC - Eye Exams	38.89%	50.46%	62.29%	66.91%		Yes			
CDC - Attention for Nephropathy	88.19%	88.66%	91.48%	91.24%		No			
CDC - BP Control (<140/90)	34.95%	43.52%	55.72%	62.04%		Yes			
SPD - Statin Therapy	—	70.17%	73.23%	76.50%		Yes			
SPD - Statin Adherence	—	86.86%	70.32%	77.39%		Yes			

- Interventions:
  - Included most prevalent conditions in the population health management strategy
  - Incentive members for diabetes gaps in care closure
  - Provider education regarding requirements
  - Member education through member newsletters, member condition specific newsletters, plan's website, CM activity

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# Behavioral Health YoY

Aetna Better Health of Illinois Premier Plan Year Over Tear Trending									
Measure	HEDIS 2016 Final	HEDIS 2017 Final	HEDIS 2018 Final	HEDIS 2019 Final	Trend	Performance Improvement?			
AMM - Effective Acute Phase	100.00%	81.25%	66.46%	67.94%		Yes			
AMM - Effective Continuation Phase	96.70%	78.13%	44.72%	44.27%		No			
FUH - Follow-up in 30 Days	49.81%	54.88%	42.40%	36.57%		No			
FUH - Follow-up in 7 Days	33.46%	38.62%	24.88%	21.71%		No			
FUM - Follow-up in 30 Days	—	—	51.79%	49.18%		No			
FUM - Follow-up in 7 Days	—	—	32.14%	40.98%		Yes			
FUA - Follow-up in 30 Days	_	—	6.00%	14.46%	_	Yes			
FUA - Follow-up in 7 Days	—	_	5.00%	8.43%		Yes			
IET - Initiation	39.23%	49.58%	50.18%	45.25%		No			
IET - Engagement	7.73%	6.69%	9.61%	9.84%		Yes			

#### • Interventions

- Telephonic outreach to members and discharge planners
- Provider education regarding timeliness and appropriate provider follow-up
- Utilization of BH vendor to facilitate timely follow up post hospitalization of mentalillness
- Member education through member newsletters, health plan's website and CM activity
- Deep dive on high ED utilization with BH conditions driving additional Cmactivities

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# Transitions of Care YoY

Aetna Better Health of Illinois Premier Plan Year Over Tear Trending									
HEDIS 2016 Final	HEDIS 2017 Final	HEDIS 2018 Final	HEDIS 2019 Final	Trend	Performance Improvement?				
5.28%	10.04%	19.68%	27.98%		Yes				
—	—	1.46%	0.97%		No				
—	—	2.43%	4.38%		Yes				
—	—	16.55%	27.01%		Yes				
—	—	57.66%	63.99%		Yes				
	HEDIS 2016 Final	HEDIS 2016 HEDIS 2017 Final Final	HEDIS 2016 Final  HEDIS 2017 Final  HEDIS 2018 Final    5.28%  10.04%  19.68%     -  1.46%     -  2.43%     -  16.55%	HEDIS 2016 Final  HEDIS 2017 Final  HEDIS 2018 Final  HEDIS 2019 Final    5.28%  10.04%  19.68%  27.98%     -  1.46%  0.97%     2.43%  4.38%     16.55%  27.01%	HEDIS 2016 Final  HEDIS 2017 Final  HEDIS 2018 Final  HEDIS 2019 Final  Trend    5.28%  10.04%  19.68%  27.98%      -  1.46%  0.97%      -  2.43%  4.38%      -  16.55%  27.01%				

- Interventions:
  - Telephonic outreach to members and discharge planners
  - Provider education regarding requirements

Questions

