

# Family Support Program Overview for Hospital Providers

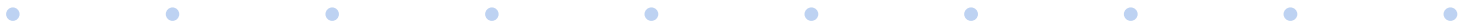
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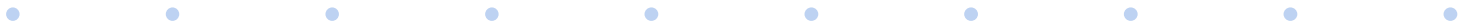
# Topics

- Overview of the Family Support Program (FSP)
  - Eligibility Criteria
  - Application Process
  - Services available to youth enrolled in the program
  - Value of these programs to Illinois Families
  - Questions



# Family Support Program (FSP)

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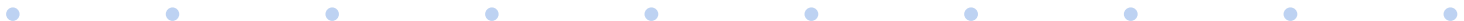
# About the Family Support Program

- Formerly known as the Individual Care Grant (ICG)
- Administered by 89 Ill. Admin. Code 139, commonly referred to as 'Rule 139'
  - Rule 139 became effective in May of 2018
- Youth enrolled in FSP receive 180 days of initial program eligibility, and can apply for a continued 180 days of program eligibility
- Administrative and Clinical Support is performed by a contracted Quality Improvement Organization/Peer Review Organization (QIO/PRO)



## About the Family Support Program (cont.)

- Youth enrolled in FSP are assigned an FSP Coordinator
  - The FSP Coordinator may assist the family in completion and submission of any required documentation, and in the identification of services
- FSP provides youth access to differing levels of treatment services, including community-based and residential treatment services



# FSP Eligibility



## Youth Eligibility Criteria

1. Under the age 18 at the time of application
2. When seeking services, not be under the guardianship or in the legal custody of any unit of Federal, State or local government
3. Diagnosed with a Severe Emotional Disturbance (SED)
4. Demonstrates sufficient cognitive capacity, and behavior or symptoms that are likely to respond to psychiatric treatment and interventions
5. Demonstrates a history of illness that indicates a chronic condition, not an acute episode



# Parent/Guardian Requirements and Responsibilities

1. Demonstrate and maintain residence in Illinois as defined in Section 2-10 of the Illinois Public Aid Code
2. Actively participate in the FSP youth's treatment
3. Be primarily responsible for financial obligations associated with participation in the program, including coordinating funding from all available sources, such as health insurance coverage
4. Notify HFS of any changes in financial assets, healthcare coverage, home addresses, custody of the youth, and if necessary, make available sources of public financial support

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## Parent/Guardian Responsibilities (cont.)

5. Assist in completion of all applications for public assistance programs, such as:
  - Medical Assistance
  - Supplemental Security Income (SSI)
  - Social Security Benefits (SSA)
  - Forms and documents required by HFS
  - Other programs as appropriate

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## Parent/Guardian Responsibilities (cont.)

6. If the youth is clinically appropriate for residential treatment services, the parent/guardian must:
  - Cooperate with the residential facility's requirements for the youth's care, treatment and discharge to the community



# FSP Application Process



## FSP Application

- The FSP Application is available on the [HFS Website](#)
  - The family may complete the FSP application with the assistance of their FSP coordinator
- Completed application materials may be submitted by the parent or guardian to the Department's designated QIO/PRO
- The Department's QIO/PRO reviews completed applications based on eligibility and clinical criteria to determine whether the youth is clinically appropriate for FSP

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# FSP Services



## Care Coordination

- All youth enrolled in FSP are assigned to an FSP Coordinator.
- The FSP Coordinator assists the family with:
  - Service planning: identification of services and prior authorization when necessary
  - Case management: creation of an IM+CANS, the Department's Integrated Assessment and Treatment Planning tool, etc.
  - Service Coordination: Identifying service providers to improve clinical outcomes



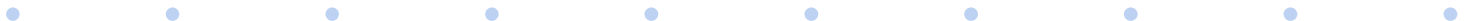
# Family Support Services

- Family Support Services provides funds for services and supports not normally available, with the purpose of promoting stabilization of the youth in their community
- Examples:
  - Therapeutic Support Services: equine therapy, weighted blanket
  - Individual Support Services: gym membership, summer camps



# Residential Treatment

- Residential Treatment services are subject to prior authorization and review of medical necessity
- Treatment services must be at an in-network Residential Treatment Facility
- Once the youth is determined clinically appropriate for residential treatment, the FSP Coordinator assists the family with:
  - Identifying potential facilities available for placement
  - Preparing and submitting referral packets to potential residential placements





# Value of FSP



## Program Benefits

- Strengthens family stability
- Promotes community-based services
- Improves and promotes clinical outcomes
- Encourages meaningful impact through coordinated services

# Contact Information

**Healthcare and Family Services**  
**Bureau of Behavioral Health**

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