



Town Hall Meeting: Illinois Medicaid Certified Community Behavioral Health Clinic (CCBHC) Initiative

September 29, 2022



**MYERS AND
STAUFFER** LC
CERTIFIED PUBLIC ACCOUNTANTS



HFS
Illinois Department of
Healthcare and Family Services

Agenda

Illinois CCBHC Initiative Town Hall Meeting

1. Q&A Protocol
2. CCBHC Program Overview
3. CCBHC Funding Opportunities
4. Illinois CCBHC Program Approach
5. Next Steps

Section 1

Q&A Protocol:



- ✓ Today's Q&A will be conducted through the chat box and incorporated into a frequently asked questions (FAQ) document to be posted to the HFS CCBHC website.
- ✓ Oral responses to questions are non-binding.
- ✓ Additional questions can be submitted to HFS.CCBHC@illinois.gov

Section 2

CCBHC Program Overview

2014 Excellence in Mental Health Act Demonstration

The Protecting Access to Medicare Act (PAMA) was signed into law in April 2014. Section 223 of the PAMA authorizes the *Excellence in Mental Health Act Demonstration* that:

- ✓ Set standards for states to transform the delivery of behavioral health and primary health care through the CCBHC model.
- ✓ Authorized a two-year, eight state Medicaid CCBHC demonstration.
- ✓ Established a Medicaid payment methodology to support the CCBHC array of comprehensive services.

2022 Bipartisan Safer Communities Act (BSCA)

Since 2014, over \$1.1 billion appropriated to develop and expand CCBHCs through:

- ✓ Direct grants to eligible providers: Expansion; Planning, Development, and Implementation; and Improvement and Advancement.
- ✓ Planning grants to states.
- ✓ State Medicaid demonstration.

2022 Bipartisan Safer Communities Act (BSCA):

- ✓ Extends the existing CCBHC Medicaid demonstration.
- ✓ Expands the CCBHC Medicaid demonstration to an additional 10 states every two years.
- ✓ Allocates planning grant funds for states to develop Medicaid demonstration proposals. States wanting to participate in the demonstration must first apply for the planning grant.

What is a CCBHC?

A CCBHC provides access to coordinated comprehensive behavioral health and substance use care.

The program is intended to:



Establish standards in the areas of Staffing; Availability and Accessibility of Services; Care Coordination; Scope of Services; Quality and Other Reporting: and, Organizational Authority and Governance.



Promote access to integrated, evidence-based behavioral services, including 24/7 crisis response and medication for assisted treatment of Opioid Use Disorder.



Reimburse CCBHCs for costs of expanding services to meet the treatment needs of consumers.

What is a CCBHC?

CCBHCs must **serve anyone who requests care** for mental health or substance use, regardless of their ability to pay, place of residence, or age - including developmentally appropriate care for children and youth.*

[*https://www.samhsa.gov/certified-community-behavioral-health-clinics](https://www.samhsa.gov/certified-community-behavioral-health-clinics)

What is a CCBHC?

The theory behind, and goal of, a CCBHC is:

- Consumers receive care coordination across settings and providers to ensure seamless transitions to the full spectrum of health services, including acute, chronic, and behavioral health needs.²
- The high level of care coordination and partnership between providers, social services agencies, and other key stakeholders will increase the likelihood that care will be received before a person enters into crisis.

²- https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf

What does a CCBHC do?

- ✓ Provides outpatient behavioral health and primary care screenings and monitoring for children, adults, and families.
- ✓ Delivers treatment within a “behavioral health home” model.
- ✓ Ensures care is coordinated and integrated across the health care system and the consumer’s environment.
- ✓ Provides “whole” person care.
- ✓ Provides person-centered, culturally and linguistically competent, trauma-informed care.
- ✓ Enhances timely access to care.
- ✓ Emphasizes quality of care in the support of optimal person-centered outcomes.
- ✓ Must provide nine core services.

Nine Core Services

Services that must be provided by the CCBHC or a Designated Collaborating Organization (DCO):

1. Crisis mental health services including:
 - 24-hour mobile crisis teams.
 - Emergency crisis intervention.
 - Crisis stabilization.
2. Screening, assessment and diagnosis including risk management.
3. Person-centered treatment planning.
4. Outpatient mental health and substance use disorder services.

Nine Core Services

Services that must be provided by the CCBHC or a Designated Collaborating Organization (DCO):

5. Outpatient primary care screening and monitoring of key health indicators and health risk.
6. Targeted case management.
7. Psychiatric rehabilitation services.
8. Peer support, counseling services, and family support services.
9. Community-based mental health care for members of the armed forces and veterans, particularly in rural areas; care consistent with minimum Veterans Administration guidelines.

Which Populations do CCBHCs Serve?

CCBHCs serve **any individual in need of care:**

- ✓ Adults with serious mental illness (SMI).
- ✓ Children with serious emotional disturbance (SED).
- ✓ Individuals with long-term chronic addiction.
- ✓ Individuals with mild or moderate mental illness and substance use disorders (SUD).
- ✓ Underserved and/or low income individuals and families.
- ✓ Individuals who are insured, uninsured, or on Medicaid.
- ✓ Individuals with complex health profiles.
- ✓ Members of the armed forces and veterans.

Who can be a CCBHC?

CCBHCs must be one of following:*

- ✓ A nonprofit organization.
- ✓ Part of a local government behavioral health authority.
- ✓ An entity operated under the authority of the Indian Health Service, an Indian Tribe, or Tribal organization.
- ✓ An entity that is an urban Indian organization pursuant to a grant or contract with the IHS under Title V of the Indian Health Care Improvement Act (PL 94-437).

Providers that do not meet this criteria may participate as a DCO in collaboration with a CCBHC.

<https://www.samhsa.gov/section-223/certification-resource-guides/ccbhc-eligibility> updated 4/21/22.

What are CCBHC Required Activities?

- ✓ Compliance with CCBHC certification requirements to directly provide required services or through partnerships with a DCO.
- ✓ Commitment to participate in the demonstration project.
- ✓ Complete cost-reporting.
- ✓ Establish reporting for quality measures and other required data.

Section 3

CCBHC Funding Opportunities

CCBHC Demonstration vs. CCBHC Expansion Grants

CCBHC expansion grants became available in FY 2018. Similar to demonstration grants, the purpose is to grow the CCBHC Program. Key differences include:

CCBHC Planning Grant and Demonstration	CCBHC Expansion Grant
Grant funding to state Medicaid agency for planning and program oversight.	Grant funding directly to the provider.
Certified providers reimbursed through a CMS-approved Medicaid prospective payment system (PPS).	
State agency responsible for CCBHC oversight.	Substance Abuse and Mental Health Services Administration (SAMHSA) responsible for CCBHC oversight.
Different reporting requirements.	

CCBHC Demonstration Funding – Phase 1

The awarding of CCBHC planning grant is the first phase of a two-phase process.

Phase I provides funding to states for the following activities:

- ✓ One year grant to plan and develop CCBHC certification and PPS reimbursement requirements.
- ✓ Certification of community behavioral health clinics.
 - Must certify a minimum of two sites: one rural, one urban.
- ✓ Calculation of a PPS rate for Medicaid reimbursable behavioral health services provided by the certified clinics.
- ✓ Preparation and submission of an application to participate in a four-year Medicaid demonstration program.

CCBHC Demonstration Funding – Phase 2

Phase II – Medicaid Demonstration

- ✓ Up to 10 additional states will be selected to participate in the four-year demonstration.
- ✓ Demonstration states will bill Medicaid under a PPS approved by CMS.
- ✓ Demonstration states will receive Enhanced Medicaid Federal Medical Assistance Percentages (FMAP) for CCBHC expenditures.

CCBHC Medicaid Demonstration: Federal Role

CMS is also authorized to provide:

- ✓ Certification criteria that states will use for a four-year demonstration program.
- ✓ Guidance on the development of a PPS for payment of CCBHC services.
- ✓ Federal matching funds equivalent to the Children's Health Insurance Program (CHIP) rate for CCBHC services to Medicaid beneficiaries.

The Substance Abuse and Mental Health Services Administration (SAMHSA) provides direct program oversight, technical assistance, and program evaluation.

Section 4

Illinois CCBHC Program Approach

Illinois CCBHC Program Approach

- ✓ Prepare for the FY 2023 CCBHC Planning Grant Application.
 - Anticipated SAMHSA release in October 2022.
- ✓ Submission of application estimated to be mid-January 2023.
- ✓ Notice of award estimated April 2023.
- ✓ State planning process for demonstration participation (approximate 9-month period).
- ✓ Apply to participate in the demonstration.

Illinois CCBHC Program Governance

- ✓ HFS is the lead agency for the CCBHC planning grant and demonstration.
- ✓ HFS and Department of Human Services (DHS) are collaborating throughout the planning and demonstration process through working groups and other forums.
- ✓ HFS and DHS staff are working together on specific requirements such as the provider certification process.

Illinois Approach: Prepare for SAHMSA Grant Application

1. Convene CCBHC working group and subcommittees.
2. Engage stakeholders.
3. Conduct CCBHC environmental scan/needs assessment.
4. Determine PPS model.

Illinois Approach: Planning Grant Process

Contingent upon Illinois being awarded planning grant funds.

- ✓ Engage stakeholders in the planning process.
- ✓ Issue a Request for Applications (RFA).
- ✓ Develop CCBHC certification and PPS reimbursement requirements.
- ✓ Certify CCBHCs.
- ✓ Calculate PPS rate for Medicaid reimbursable behavioral health services provided by the certified clinics.
- ✓ Prepare and submit an application to participate in a four-year Medicaid demonstration program.

Planning Grant Required Activities

A. Solicit stakeholder input:

- Convene a steering committee composed of relevant state agencies, providers, service recipients, and other stakeholders.
- Conduct outreach and engagement to solicit stakeholder input.
- Coordinate with other local, state, and federal agencies.

Contingent upon Illinois being awarded funds.



Key Stakeholders

Stakeholder input from consumers, family members, providers, tribes and others



Steering Committee

Composed of relevant state agencies, providers, service recipients, and other key stakeholders to guide and provide input throughout the grant period



SMI/SED/SUD Population

Engagement of the population of focus including adults with SMI and children with SED and their families, and those with long term and serious SUD, as well as others with mental illness and SUD



Public Agencies

Coordination with other local, state, and federal agencies and tribal communities to ensure that services are accessible and available

CCBHC Model

Role of Stakeholders

- ✓ **Assist with the assessment of the current environment (“As Is”).**
- ✓ **Support development of the CCBHC model (“To Be”).**
- ✓ **Provide ongoing feedback throughout planning grant process and development of demonstration grant application.**
- ✓ **What can stakeholders expect from the State?**
 - Stakeholder meetings.
 - Status updates via CCBHC webpage and emails.
 - Forum for questions via dedicated CCBHC mailbox.

Planning Grant Required Activities

- B. Certify clinics as CCBHC according to SAMHSA criteria and state requirements:**
 - Establish application process and review procedures.
 - Provide training and technical assistance.
- C. Establish PPS rates:**
 - Develop rate model.
 - Design and implement billing procedures.
 - Prepare to collect CCBHC cost reports.
- D. Establish capacity to provide services according to SAMHSA criteria.**
- E. Develop data collection and reporting capacity.**
- F. Prepare to participate in the demonstration evaluation.**
- G. Submit proposal to participate in the demonstration.**

**What are the
Required
Planning
Grant
Activities?**

*Contingent upon
Illinois being
awarded funds.*

CCBHC Certification Areas

The CCBHC demonstration establishes standards in six areas that an organization must meet to achieve CCBHC designation:

- ✓ Staffing.
- ✓ Availability and accessibility of services.
- ✓ Care coordination.
- ✓ Scope of services.
- ✓ Quality and other reporting.
- ✓ Organizational authority, governance, and accreditation.

HFS Next Steps

- ✓ Survey providers on mental health and SUD needs, services, and barriers.
- ✓ Apply for the one year CCBHC planning grant.



HFS

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Questions?

Contact us at:

HFS.CCBHC@illinois.gov



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Visit the website at:

<https://www2.illinois.gov/hfs/MedicalProviders/behavioral/Pages/default.aspxHFS.CCBHC@illinois.gov>

Additional Resources

SAMHSA's CCBHC Page:

<https://www.samhsa.gov/certified-community-behavioral-health-clinics>

CCBHC Cost Report and Instructions:

<https://www.medicaid.gov/medicaid/downloads/ccbhc-cost-report-instruction.pdf>

www.medicaid.gov/medicaid/downloads/ccbhc-cost-report.xlsx

Participant Feedback and Questions

**Please use the chat
function in WebEx.**



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