# IM+CANS Overview of Upcoming Changes

October 23, 2023



Illinois Department of Healthcare and Family Services



#### OUR VISION FOR THE FUTURE

### We improve lives.

- > We address social and structural determinants of health.
- We empower customers to maximize their health and well being.
- > We provide consistent, responive service to our colleagues and customers.
- We make equity the foundation of everything we do.

#### This is possible because:

We value our staff as our greatest asset.

#### We do this by:

Fully staffing a diverse workforce whose skills and experiences strengthen HFS.

- Ensuring all staff and systems work together.
- Maintaining a positive workplace where strong teams contribute, grow and stay.
- Providing exceptional training programs that develop and support all employees.

#### We are always improving.

#### We do this by:

Having specific and measurable goals and using analytics to improve outcomes.

Using technology and interagency collaboration to maximize efficiency and impact.

Learning from successes and failures.

#### We inspire public confidence.

#### We do this by:

Using research and analytics to drive policy and shape legislative initiatives.

Clearly communicating the impacts of our work.

Being responsible stewards of public resources.

Staying focused on our goals.

# Housekeeping









Phone lines are in listen only mode. Submit questions via chat to all panelists.

Slides and a recording will be posted to the HFS website. **Email questions to** HFS.IATP@illinois.gov.



AGENDA

1. IM+CANS Workgroup Overview

2. Updated IM+CANS Development Process

- 3. Purpose and Vision of the IM+CANS
- 4. Common IM+CANS Misconceptions
- **5. Overview of Changes to the IM+CANS**
- 6. Upcoming Implementation Activities
- 7. Resources
- 8. Q&A



### IM+CANS Workgroup Members

- Stephanie Barisch (co-chair), Center for Youth and Family Solutions
- Matt Stinson (co-chair), Provider Assistance and Training Hub
- Kathryn Bangs, *Egyptian Public Health Department*
- Rebecca Horwitz, Kenneth Young Centers
- Carlie Kasten, Community Resource Center
- Laura Kuever, Catholic Charities
- Chelsea Mueller, Heritage Behavioral Health
- Cris Mugrage, Sinnissippi Centers
- Eileen Niccolai, Thresholds
- Virginia Rossi, *Thresholds*
- Michelle Zambrano, Will County Health Department





# About the IM+CANS Workgroup

- First met in November 2021.
- Advise HFS with respect to the implementation and usage of the IM+CANS in the behavioral health service delivery system.
- Provide feedback on IM+CANS related policy, operations, technical, and quality improvement activities and initiatives.
- Made up of 11 voting provider members, with HFS staff serving as technical advisors and providing administrative support.
- Meetings are open to all, with opportunities for public comment.



### **Steps Taken to Update the IM+CANS**





### **IM+CANS Workgroup Next Steps**

### **Next Meeting:**

Wednesday, January 10 10:00 AM – 11:00 AM

Agenda and meeting link will be posted to the <u>IM+CANS Workgroup Webpage</u>

### 2024 Workgroup Plans:

- Monitor and provide feedback on implementation efforts
- Expand the workgroup membership
- Establish an ongoing cycle for form updates
- Shift to discussing IM+CANS clinical usage, data, and quality



### **Purpose of the IM+CANS**

- Serves as a foundation of transformation for behavioral health in Illinois.
- Provide a comprehensive, integrated platform for assessing the global needs and strengths of customers across the lifespan who require behavioral health treatment.
- Link assessment and treatment planning, ensuring there is a thread between a customer's identified needs and strengths and their treatment recommendations.
- Create consistency, standardization, and a baseline across the behavioral health system.



# Vision of the IM+CANS

| <ul> <li>Mass customization</li> <li>Increased customer and family engagement</li> <li>Reduce need for customers to retell their story</li> </ul> | <ul> <li>Creates a common<br/>language across<br/>customers, families,<br/>providers, and payers</li> <li>Establishes a baseline<br/>dataset from which<br/>quality initiatives can be<br/>measured</li> </ul> | <ul> <li>Certification follows the clinician</li> <li>Establishes a baseline clinical standard for treatment</li> <li>Ongoing training and quality improvement opportunities</li> </ul> | <ul> <li>Allows for the reduction<br/>of duplicate collection of<br/>administrative and clinical<br/>data points</li> <li>Creates consistency and<br/>standardization</li> </ul> |
|---|--|---|--|
| Customer-<br>Centered<br>Treatment  | Data-Driven<br>Decision<br>Making  | Workforce<br>Development  | Multi-Payer,<br>Multi-System<br>Platform   |





A Few Other Key Takeaways

- 1. The IM+CANS belongs to the customer and follows them across their treatment.
- 2. The IM+CANS is not a checklist it is clinically inappropriate to treat it as such.
- 3. The IM+CANS scales based on the needs of the customer.
- 4. Compliance and clinical best practice are not the same thing.
  - Policy establishes the standard for compliance and a base floor for clinical practice.
  - Clinical leadership and individual clinical judgement is the driver of assessment.



### **Transition to the Updated IM+CANS**

- The updated IM+CANS forms were posted to the HFS website September 29, 2023.
- A full summary of changes is posted on the <u>IATP webpage</u>.
- Providers billing for IATP services must transition to using the updated version of the IM+CANS by April 1, 2024.
- Staff do NOT have to re-certify to use the updated form.
- Additional recommendations from the IM+CANS workgroup will be incorporated into an updated version of the IM+CANS Reference Guide.



General Changes to Highlight

- All modules were moved to a new Modules Addendum.
- Instructions and prompts, particularly for Supporting Information boxes, were updated in many places to provide additional clarity to users.
- Sections with tables were generally replaced with open text boxes to allow known information to be better captured.
- Psychiatric Problems section was removed.
- The Mental Status Exam was fully replaced to better reflect clinical practice.
- Diagnosis was updated to only require ICD-10 diagnosis codes.



# CANS Item Changes to Highlight

- Deleted items:
  - Substance Use Module
  - Sexually Problematic Behavior Module
  - Grave Disability
  - Preschool/Daycare Quality
- New items:
  - Suicide Risk Module
  - Addictive Behaviors (age 6+)
  - Prenatal Care and Birth Weight (age 0-5, moved from HRA)
- Changed items:
  - Atypical/Repetitive Behaviors age range changed to full lifespan
  - Mania changed to 6+
  - Intimate Relationships changed to 12+
  - Flight Risk and Runaway combined



Plan of Care Changes to Highlight

- Shift from "treatment plan" to "plan of care" terminology.
- Reinforced language of lead and shared IM+CANS providers.
- Created a new section to capture global goals for the customer.
- Provided options for treatment objectives to be completed and maintained by each treating provider.
- Streamlined the recommended behavioral health services section and updated prompts to ensure non-Medicaid services can be included.
- Added new text box to capture any important information related to referrals.



### **Upcoming Implementation Activities**





\*Target dates are subject to change. Providers will be informed of progress and any changes to anticipated timelines.

# Where can I get additional information?

- IATP Webpage
- IM+CANS Workgroup Webpage
- IM+CANS Provider Portal Webpage
- <u>CBS Services FAQ</u>
- HFS Provider Notices
- Medicaid CBH Policy Overview Slides



