

CCBHC ADVISORY COMMITTEE

Bi-Monthly Meeting

Thursday, December 5, 2024



AGENDA

Item	Lead	Timing (min)
Welcome	Kristine Herman, HFS	10:00 am - 10:05 am (5)
CCBHC Demonstration Implementation Updates	Kristen Kennedy, HFS	10:05 am – 10:20 am (15)
Feedback Discussion Topics:Urgent Care CentersIntegration of MAR into Crisis	Kristine Herman, HFS	10:20 am – 10:55 am (35)
Next Steps	Kristine Herman, HFS	10:55 am - 11:00 am (5)



CCBHC DEMONSTRATION IMPLEMENTATION UPDATES

Kristen Kennedy, HFS

COMMITTEE DISCUSSION

- Urgent Care Centers
- MAR Integration into Crisis

CCBHC CORE SERVICE REQUIREMENTS

CCBHCs are responsible for providing a comprehensive scope of services that encompasses nine specific categories of service including:

- 1. Crisis Services;
- 2. Treatment Planning;
- 3. Screening, Assessment, Diagnosis & Risk Assessment;
- 4. Outpatient Mental Health & Substance Use Services;
- 5. Targeted Case Management;
- 6. Outpatient Primary Care Screening and Monitoring;
- 7. Community-Based Mental Health Care for Veterans;
- 8. Peer, Family Support & Counselor Services; and
- 9. Psychiatric Rehabilitation Services.

CRISIS SERVICE REQUIREMENTS

- CCBHC's participating in the Demonstration are offering these required crisis services, as defined in Rule 140.453 on a 24/7 basis:
 - o Mobile Crisis Response (MCR);
 - o Crisis Intervention; and
 - o Crisis Stabilization.
- On, or before October 2025, the CCBHCs must be able to enhance crisis service accessibility through the implementation of Behavioral Health Urgent Care Centers with Observation Units, and
- Must be able to provide individuals with access to Medication Assisted Recovery (MAR)
 within 24 hours of an SUD crisis event.

URGENT CARE SERVICE REQUIREMENTS

- Urgent Care Centers provide walk-in access to behavioral health crisis and outpatient services.
- The treatment team at the Urgent Care Center provide:
 - triage assessments,
 - address urgent concerns,
 - prescribe short-term psychiatric medications,
 - make follow-up appointments, and
 - assist with additional resources as needed.
- The Urgent Care Center must have an observational unit, primarily peer-managed, that
 provides a comfortable, safe, and stable environment for customers experiencing a crisis to
 remain under observation for a period up to 23 hours.

This information is from the <u>Illinois CCBHC Service Requirements (updated September 22,2023)</u>

SAMHSA criteria is located here: <u>SAMSHA's CCBHC Certification Criteria (updated March 2023)</u>

DISCUSSION QUESTIONS – URGENT CARE CENTERS

- What relevant experience or expertise does your organization have with the development and operations of Urgent Care Centers or similar programs? Any lessons learned to share?
- What recommendations do you have regarding policy guidance that would be most helpful in implementing this service?
- What types of support or resources do you need to meet the implementation deadline for the Urgent Care Centers?

MEDICATION ASSISTED RECOVERY (MAR) REQUIREMENTS

By October 1, CCBHCs must be able to enhance crisis service accessibility to include access to Medication Assisted Recovery (MAR) within 24 hours of an SUD crisis event.

DISCUSSION QUESTIONS – MAR INTEGRATION INTO CRISIS

- What relevant experience or expertise does your organization have on integrating MAR into your crisis services? Any lessons learned to share?
- What recommendations do you have regarding policy guidance that would be most helpful in implementing this requirement?
- What types of support or resources do you need to meet the implementation MAR integration?

NEXT STEPS

- Next Meeting: February 6, 2025, 10 a.m. 11 a.m.
- Send any questions to: OMI.CBHO@uillinois.edu
- Post-Meeting Survey: https://go.uillinois.edu/CCBHCSurvey6

