

Alliance for Health

The State of Illinois received a federal planning grant to improve health for people in Illinois. A group of health leaders including doctors, nurses, hospitals, community organizations, employers, health insurance plans, unions, state agencies and many others have formed the Alliance for Health and are working on this plan. The Alliance is asking for input from all consumers in Illinois. Please share your recommendations to improve the health of you and your community, your health care, and ways to reduce costs to make health care more affordable. These questions can be answered online:

<http://www2.illinois.gov/gov/healthcarereform/Pages/Alliance.aspx>

Improve Personal and Community health

1. What are the greatest health challenges for your community? What would make these better?
2. What is the best way to support healthy living in schools, work places, and the community?
3. What is the best way to help people eat healthy foods and get regular exercise?
4. What is the best way to get reliable information about health problems and healthy living?

Improve Health Care Delivery

5. What are the three most important changes that would make your health care better?
6. Do you have a doctor, clinic, or nurse where you go regularly for health care? If no, why not? If yes, how can your doctor, clinic, nurse, or community health worker help you coordinate health care for you and your family?
7. What information do you need in order to choose a good health care provider like a doctor, clinic, or hospital? What is the best way to get this information?
8. What help do you need to coordinate health care for you or your family?

Control Costs

9. Health care can be expensive. What is the best way to make health care more affordable?
10. Are you aware of any waste that could be eliminated?
11. Have there been times when one doctor didn't know what another doctor had done and repeated tests, procedures or prescriptions?

Consumer Participation

12. What is the best way for consumers to be involved in improving the health care system in their communities?