

CCBHC ADVISORY COMMITTEE MEETING

Meeting Kickoff

Thursday, October 5, 2023

AGENDA

| Item | Timing (min) | Duration (min) |
|---|---------------------|----------------|
| Welcome and Introductions | 10:00 am – 10:05 am | 5 |
| Meeting Purpose and Group Expectations | 10:05 am – 10:15 am | 10 |
| Presentation on CCBHCs from Myers & Stauffer and the Department of Healthcare and Family Services | 10:15 am - 10:40 am | 25 |
| Group Discussion | 10:40 am – 10:50 am | 15 |
| Next Steps - Determine Meeting Cadence - Post-Meeting Survey | 10:50 am – 11:00 am | 5 |





County Maps



20 Clinics17 Providers

| Organization | Catchment Area (Counties) | Grant Name | ссвнс-е | CCBHC- IA/PDI |
|--|--|----------------------|---------------|------------------|
| Arrowleaf | Alexander, Hardin, Johnson, Massac, Pope, Pulaski, and Union | CCBHC-PDI | | 2022 |
| Arukah Institute of Healing, Inc NFP | LaSalle, Bureau, Putnam, and Marshall | CCBHC-E, CCBHC-IA | 2020 | 2022 |
| Centerstone of Illinois | Calhoun, Greene, Jersey, Macoupin | ССВНС-Е | 2018, 2020 | |
| Chestnut Health Systems, Inc McLean | Mc Lean | CCBHC-PDI | | 2022 |
| Chestnut Health Systems, Inc. | Madison and St. Clair | CCBHC-E, CCBHC-IA | 2020 | 2022 |
| Community Resource Center, Inc. | Marion | CCBHC-PDI | | 2022 |
| ComWell | Randolph and Washington | CCBHC-PDI | | 2022 |
| Ecker Center for Behavioral Health | Kane | CCBHC-PDI | | 2022 |
| Egyptian Health Department | White, Saline, Gallatin | ССВНС-Е | 2020 | |
| Heritage Behavioral Health Center | Macon and DeWitt | CCBHC-E, CCBHC-IA | 2020 | 2022 |
| Human Service Center | Peoria, Woodford, Tazwell | ССВНС-Е | 2021 | |
| Lawrence County Health Department | Lawrence, Wabash, Crawford, Richland, Jasper, Effingham, Edwards, and Clay | CCBHC-PDI | | 2022 |
| Robert Young Center | Rock Island, Mercer | CCBHC-E, CCBHC-IA | 2020 | 2022 |
| Rosecrance, Inc. | Winnebago | CCBHC-E | 2021 | |
| Rosecrance, Inc. | Champaign | CCBHC-E | 2021 | |
| SINNISSIPPI CENTERS, INC. | Carrol, Ogle, Whiteside, Lee | CCBHC-E | 2021 | |
| Thresholds- McHenry | McHenry | CCBHC-PDI | | 2022 |
| Chicago/ Cook County | | | | |
| Human Resources Development | Chicago Southside (33 East | | | |
| Institute, Inc (HRDI) | 114th St) | CCBHC-PDI | | 2022 |
| Lutheran Social Services of Illinois | Chicago North/Northwest Sides | CCBHC-PDI | | 2022 |
| Thresholds- Dincin (Chicago) | Chicago's North Side | CCBHC-PDI | | 2022 |

| Cook County | | | |
|---------------------------------------|----------------|-----------|------|
| Ecker Center for Behavioral Health | Northwest Cook | CCBHC-PDI | 2022 |

SAMHSA CCBHC Grantees

Fall 2023

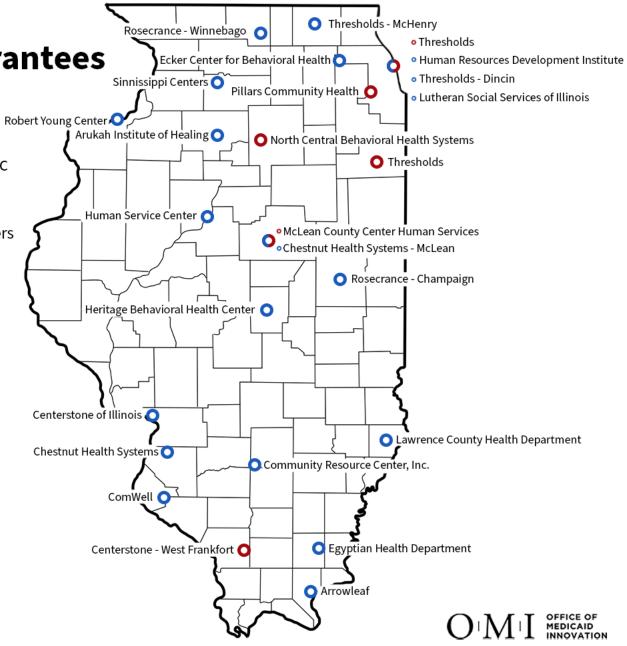
In Illinois, there are currently 20 unique providers with 26 clinic locations.

New grantees this fall include 6 providers receiving 8 grants (6 PDI and 2 IA). Three first-time awardees.

Prior year grantees are 17 providers operating 20 clinics.

Legend

- 2023 CCBHC Grantee Location
- Prior CCBHC Grantee
 Location
- O Location with both a 2023 and Prior CCBHC Grantee





Illinois Medicaid Certified Community Behavioral Health Clinic (CCBHC) Initiative:

CCBHC Advisory Committee

October 5, 2023





Agenda

1. CCBHC Program Overview

Medicaid Demonstration Background

2. Illinois CCBHC Program Approach

State-Specific Requirements

3. Next Steps



Section 1

CCBHC Program Overview



2014 Excellence in Mental Health Act Demonstration

The Protecting Access to Medicare Act (PAMA) was signed into law in April 2014. Section 223 of the PAMA authorizes the

Excellence in Mental Health Act Demonstration that:

- Set standards for states to transform the delivery of behavioral health and primary health care through the CCBHC model.
- Authorized a two-year, eight-state Medicaid CCBHC demonstration.
- Established a Medicaid payment methodology to support the CCBHC array of comprehensive services.



2022 Bipartisan Safer Communities Act (BSCA)

Since 2014, over \$1.1 billion appropriated to develop and expand CCBHCs through:

- ✓ Direct grants to eligible providers: Expansion; Planning, Development, and Implementation; and Improvement and Advancement.
- Planning grants to states.
- State Medicaid demonstration.

2022 Bipartisan Safer Communities Act (BSCA):

- Extends the existing CCBHC Medicaid demonstration.
- Expands the CCBHC Medicaid demonstration to an additional 10 states every two years.
- Allocates planning grant funds for states to develop Medicaid demonstration proposals. States wanting to participate in the demonstration must first apply for the planning grant.



What is a CCBHC?

A CCBHC provides access to coordinated comprehensive mental health, substance use disorder and primary healthcare.

The program is intended to:



of Staffing; Availability and Accessibility of Services; Care Coordination; Scope of Services; Quality and Other Reporting; and Organizational Authority and Governance.



Reimburse CCBHCs for costs of expanding services to meet the treatment needs of consumers.



Promote access to integrated, evidence-based behavioral services, including 24/7 crisis response and medication for assisted treatment of Opioid Use Disorder.



What is a CCBHC?

CCBHCs are required to serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence, or age - including developmentally appropriate care for children and youth.*

^{*}https://www.samhsa.gov/certified-community-behavioral-health-clinics

What is a CCBHC?

The theory behind, and goal of, a CCBHC is:

- ✓ People receive <u>care coordination across settings and providers to ensure seamless transitions</u> to the full spectrum of health services, including acute, chronic, and behavioral health needs.*
- ✓ The high level of care coordination and partnership between providers, social services agencies, and other key stakeholders will increase the likelihood that care will be received <u>before a person enters into crisis</u>.

^{*}https://www.samhsa.gov/sites/default/files/ccbhc-criteria-2023.pdf

CCBHC Medicaid Demonstration vs. Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Grants

Similar to the Medicaid Demonstration, the purpose of the SAMHSA CCBHC grants is to grow the CCBHC Program. Key differences include:

| CCBHC Medicaid Demonstration | SAMHSA CCBHC Grants | | | |
|---|--|--|--|--|
| States must apply to the Centers for Medicare & Medicaid Services (CMS) to participate in the Demonstration. | SAMHSA grant funding directly to the provider. There is no state government involvement. | | | |
| State must certify providers as CCBHCs. Being a CCBHC grantee is not the same as being a state-certified CCBHC. | | | | |
| State-certified providers reimbursed through a CMS-approved Medicaid prospective payment system (PPS). | | | | |
| State agency responsible for CCBHC oversight. | SAMHSA responsible for CCBHC oversight. | | | |
| Different reporting requirements. | | | | |
| A provider can participate in the CCBHC Medicaid Demonstration and receive SAMHSA CCBHC grant funds. | | | | |

CCBHC Requirements

- ✓ The CCBHC provider type is NOT business as usual.
- CCBHCs differ from traditional mental health and/or substance use disorder (SUD) providers in that they:
 - Provide an enhanced array of mental health and substance use services.
 - Provide physical health screenings.
 - Provide comprehensive care coordination services.
 - Are reimbursed using the PPS methodology to support the CCBHC array of comprehensive services.

CCBHC Requirements

Providers who wish to participate in the CCBHC Medicaid Demonstration must meet requirements in the following program areas:



CCBHC Requirements



- These are the nine core services that CCBHCs must provide.
- ✓ CCBHCs can establish partnerships with Designated Collaborating Organizations (DCOs), if needed, to provide core services.
- ✓ However, CCBHCs must provide 51 percent of the core services.

CCBHC Payment – PPS

What is a PPS?

Medicaid reimburses CCBHCs using a provider-specific prospective payment that accounts for the costs of service expansion and providing services to all persons who seek care. The PPS rate is intended to sufficiently cover costs and offer improved financial predictability.

- ✓ The PPS is a per encounter Medicaid rate based on provider cost reports that document annual allowable costs and patient encounters on either a daily or monthly basis.
- ✓ The PPS is calculated as the total costs of allowable services divided by the total visits for allowable services, paid to the CCBHC when an encounter occurs.
 - Inflation is also applied for the applicable rate period.
 - Providers will receive the PPS rate for eligible services billed for Medicaid members.

For additional information on the CCBHC PPS and the cost report process, please see the HFS CCBHC Cost Report Webinars and resources available at:

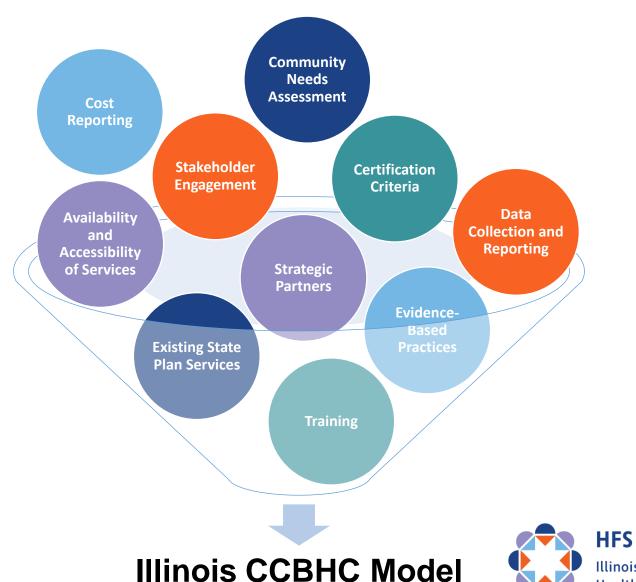
https://hfs.illinois.gov/medicalproviders/certifiedcommunitybasedhealthcenterinitiative.html

Section 2

Illinois CCBHC Program Approach



Development of CCBHC Model



Illinois State-Specific CCBHC Requirements

Illinois-Specific Criteria*

In addition to the Demonstration-required services, Illinois developed Illinois-specific CCBHC Service Requirements (ICSR) that clarify the service activities that Illinois will be requiring under each Service Category.

Highlighted Requirements

Crisis Services

Within 12 months, the provider must be able to enhance crisis service accessibility to include the following:

- ✓ Integrate SUD protocols into Mobile Crisis Response (MCR) services, including all MCR responders having training in and immediate access to methods of overdose prevention/reversal.
- ✓ Access to Medication Assisted Recovery (MAR) within 24 hours of an SUD crisis event.
- ✓ Behavioral Health Urgent Care Centers with Observation Units.

Within 24 months, Crisis Stabilization Unit Services must be established.



^{*}The listing of services on the following slides are not meant to be comprehensive and only represent some of the Illinois-specific CCBHC criteria.

Illinois State-Specific CCBHC Requirements

Highlighted Requirements – Continued

Screening

- ✓ Substance Use Disorder Screening;
- Mental Health Disorder Screening;
- Physical Health Screening; and
- Developmental Screening (including for autism)

Assessment, Diagnosis, and Risk Assessment Services

- ✓ Illinois Medicaid Comprehensive Assessment of Needs and Strengths (IM+CANS) including risk assessment
- ✓ SUD assessment using the American Society of Addiction Medicine (ASAM) multi-dimensional assessment.

Outpatient Mental Health and Substance Use Services

✓ All Rule 140.453 services and all ASAM Level 1 and ASAM Level 2 services.



Illinois State-Specific CCBHC Requirements

Highlighted Requirements – Continued

Community-Based Mental Health Care for Veterans

✓ Offer specialized veteran support specialists (Peer) services.

Psychiatric Rehabilitation Services within 12 months

- ✓ Dialectical Behavior Therapy (DBT).
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT).
- Eye Movement Desensitization and Reprocessing (EMDR).
- ✓ Assertive Community Treatment in urban areas

Section 3

Next Steps



Apply for Demonstration

Activities required for the CCBHC Medicaid Demonstration application:

- 1. Select CCBHC providers. Interested providers completed and submitted the CCBHC Medicaid Demonstration Participation Application Friday, September 29, 2023.
 - Currently, provider applications are under State review. Notification of providers selected for the certification process will be made later in October 2023.
- 2. Engage stakeholders in the Demonstration planning process.
- Select providers to participate in the certification process (desk review, on-site review, and certification determination).
- Calculate PPS rate for Medicaid reimbursable behavioral health services provided by the certified clinics.
- 5. Certified providers will be included in the Illinois CCBHC Medicaid Demonstration application that will be submitted March 2024.
- 6. Providers who do not qualify for the Demonstration can participate in the Illinois CCBHC Learning Collaborative and may apply to participate in the Demonstration at a later date.



Questions?

Contact us at:

HFS.CCBHC@illinois.gov

Visit our website at:

https://www2.illinois.gov/hfs/MedicalProviders/behavioral/ Pages/default.aspxHFS.CCBHC@illinois.gov

DISCUSSION QUESTIONS

- How do we coordinate the CCBHCs within Illinois' current behavioral health community-based continuum of care?
- What steps or strategies are needed in...
 - Urban Communities
 - Suburban Communities
 - Rural Communities



POST MEETING SURVEY

Questions?

Contact OMI.CBHO@uillinois.edu



bit.ly/ILCCBHCSurvey

